

Yasemin Meleyim

başarıyla tamamlandı:

Certificate in the Buteyko Clinic Method (CertBBM) with Funda Aşkınoğlu

120 HOURS OF STUDY Learning Outcomes

- The science of dysfunctional breathing
- Respiratory physiology
- The Practical application of the Buteyko Method in children, teens and adults
- The appropriate breathing exercises and protocols to employ for asthma and respiratory conditions, insomnia, snoring and sleep apnea, anxiety and panic disorder



Patrick McKeown
Director of Education & Training

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Funda Aşkınoğlu
Buteyko Clinic Method
Master Instructor

April 30, 2024

Date

